



GROUP STUDY GUIDE

WEEK OF JUNE 1, 2025 | BE STRONG AND STAND FIRM

WARM-UP QUESTION

Memorial Day weekend offered a chance to rest and recharge:

- How did you spend that time connecting with friends, family, or neighbors?
- How are you planning to incorporate rest into the upcoming weeks?

DISCUSS

Read [Ephesians 6:10-13](#)

- What does it mean to be “strong in the Lord”? How is that different from being strong in yourself?
- What are some of the specific strategies or tactics the enemy uses to distract, discourage, or deceive believers today? How can the armor of God help us recognize and resist these attacks?
- How might our view of others change when we recognize that they are not our true enemies? What does this reveal about God’s perspective of people and spiritual conflict?
- Why is it important to put on the full armor—rather than just parts of it—and how does staying connected to the church community help us stand firm in spiritual battles?

Read [Revelation 12:7-12](#)

- When it comes to spiritual warfare, do you tend to think that evil is lurking around every corner, or do you see the whole idea as nonsense?
- What does this passage teach us about the reality and scope of spiritual conflict?
- According to verse 11, what two things allowed believers to overcome the enemy? How can you be more intentional about sharing your testimony?
- How can the truths in these verses shape your prayer life this week?

TAKE ACTION

What is God speaking to you? What is your next step of obedience you can take this week.

Craft a personal and practical “I will” statement:

- Keep it specific, realistic, and doable this week.
- Share your “I will” statement with the group for encouragement and accountability.